

RULE OF LIFE

GLEN LAKE CAMP & RETREAT CENTER



Glen Lake Camp and Retreat Center strives to create a Christian environment where authentic relationships are formed. Our mission to make disciples of Jesus Christ for the transformation of the world.

The Glen Lake Camp and Retreat Center Rule of Life is based on John Wesley's General Rules, the membership vows of the United Methodist Church, and St. Benedict's Rule – inspired by the Missional Wisdom Foundation. This rule opens our eyes to God's grace, balances our lives, and enables us to pursue holiness in all aspects of daily living.

PRAYERS

- We will pray daily
- We will use a variety of forms of prayer such as the reflective reading of Scripture and other spiritual texts, confession, the prayer of examen, intercession, journaling, and contemplation

PRESENCE

- We will practice a contemplative stance in order to be present to God, the world, and ourselves
- We will be hospitable to our neighbors in our families, schools, cabins, and workplaces
- We will be hospitable to our faith community through participation in our worship, fellowship, mission, and meals
- We will be connected to a campus ministry, even at a distance (The Wesley or other)

GIFTS

- We will honor and care for the gift of the earth and its resources, practicing ecologically responsible living, striving for simplicity rather than excessive consumption
- We will practice generosity in sharing our material resources, including money, within and beyond this community
- We will use our spiritual gifts, talents and abilities to serve God within and beyond this community

SERVICE

- We will serve God and neighbor out of gratitude for the love of God
- We will practice mutual accountability with a covenant group within the community, for how we serve God and neighbor
- We will practice regular Sabbath as a means of renewal so that we can lovingly serve God and neighbor

WITNESS

- We will resist evil and injustice
- We will pursue peace with justice
- We will practice racial and gender reconciliation
- We will share the redeeming, healing, creative love of God in word, deed and presence as an invitation to others to experience the transforming love of God

I commit to this rule of life and to the well-being of this community, out of gratitude to God who forgives, heals, and makes all things new. May my life be a blessing within and beyond God's church, for the transformation of the world.

Signature: _____ Date: _____